

# Sir Ddinbych / Denbighshire Families First Training: January/February/March 2013

Training	Date / Time	Venue
Objects of Reference for Parents / Carers / Professionals	Monday 14 January.	Training Room, Ysgol Tir
This course would be relevant for parents and professionals who are in contact with a young person with complex and profound difficulties. The course will be based upon a simple	Half Day session.	Morfa, Derwen Road, Rhyl, LL18 2RN
method of communicating at a number of levels involving an actual object that the child uses in an activity, indicating choices, perhaps through eye pointing or reaching and making stories more relevant and interesting. This need not be limited to objects, but could include sounds, smells and tactile sensory experiences.	09.15 hrs – 12.15 hrs	
PECS Awareness for Parents / Carers / Professionals	Thursday 31 January.	Ysgol Plas Brondyffryn
The Picture Exchange Communication System teaches people with ASD and other communication deficits to initiate communication. PECS is designed to teach functional communication with an initial focus on spontaneity, using picture symbols to encourage individuals to communicate their wants and needs by exchanging the symbol with another person. This course will support parents and professionals to develop their communication with young people.	09.30 hrs – 16.00 hrs	Primary site, Tyn Fron, Rhyl Road, Denbigh, LL16 3DP
Epilepsy Awareness	Thursday 7 February.	Meeting Room, Ysgol Tir
This course is suitable for all professionals who work with young people with Epilepsy. The course will provide	Half Day session.	Morfa, Derwen Road, Rhyl, LL18 2RN
information on Epilepsy and how to identify, observe and record a variety of seizures. Please note this course is not client specific.	09.30 hrs – 12.00 hrs	7417, 2210 2144
Raising Welsh Awareness (All Families First Service	Wednesday 13	Y Glannau, Morfa Hall,
provider elements should have one representative	February	Bath Street, Rhyl, LL18
attend please)	10.00 hrs – 15.00 hrs	1SY
The course aims to identify the use of the Welsh Language and		
what this means in our work with Service Users through the		
consideration of the demography of Welsh, the historical roots		
of Welsh and current language use patterns, Welsh language		
policy in the context of care and dignity.		
Timian	Monday 18 / Tuesday	Meeting Room, Ysgol Tir
Timian training is for professionals who work with young	19 and Wednesday 20	Morfa, Derwen Road,
people with challenging behaviours. The course is provided	February.	Rhyl, LL18 2RN
over three days, through theory and practice, covering	Three day course.	
definitions of behaviour, perceptions and causes of behaviour,	09.30 hrs – 16.00 hrs	
non aversive strategies to manage behaviour, physical restraint	daily	
and describing and recording behaviour.	Mada da 20	Maril's Day 4
Results Based Accountability (RBA)	Wednesday 20	Meeting Room 1,

The course aims to provide the context to outcome focussed planning and performance management, giving an overview of RBA, and understanding its potential for improving outcomes for people in Denbighshire.	February 09.30 hrs – 15.30 hrs	(Conference Room) Council Offices, 64 Brighton Road, Rhyl, LL18 3HN
Applied Suicide Intervention Skills (ASIST)  Vale of Clwyd Mind, in conjunction with Positive Choices, offers  Applied Suicide Intervention Skills training; this is 2 day  workshop that offers intensive training for frontline workers and community members.  This is an external course: closing date for applications	Thursday 21 and Friday 22 February. Times to be confirmed by provider.	Wrexham Football Club.
is: Monday 11 February		
Multi Agency Training – Introduction to Domestic Abuse This one day training events aim to identify the wide range of behaviours involved in domestic abuse and a common definition; learn to recognise different attitudes and myths in relation to domestic abuse and individual and organisational responses. Explore barriers to seeking help and strategies to reduce them, understand the relationship between the abuse of adults and that of children, and understand how people of all ages are affected by domestic abuse.	Wednesday 27 February. 09.30 hrs – 16.30 hrs	Meeting Room 1, (Conference Room) Council Offices, 64 Brighton Road, Rhyl, LL18 3HN
The day includes interactive training elements to explore the issues surrounding domestic abuse and a full set of associated hand outs for the day is included.		
Outcomes Star Introduction to the Star, to outcomes, development and purpose for this distance travelled tool. Guidance for using the Star, completing Star Charts, and learning how the journey of change can help inform intervention.	Thursday 7 March 09.30 hrs – 16.30 hrs	Y Glannau, Morfa Hall, Bath Street, Rhyl, LL18 1SY
Introduction to Communication for People working with Children and Young People with ASD Introduction to communication in particular a "light touch" on Elklan, speech and language support for communicating with children and young people with ASD.	Friday 15 March Time to be confirmed (Half Day session)	Ysgol Plas Brondyffryn Primary site, Tyn Fron, Rhyl Road, Denbigh, LL16 3DP
Applied Suicide Interventions Skills (ASIST)  Vale of Clwyd Mind, in conjunction with Positive Choices, offers Applied Suicide Intervention Skills training; this is 2 day workshop that offers intensive training for frontline workers and community members.  This is an external course: closing date for applications is: Monday 21 March	Thursday 21 and Friday 22 March. Times to be confirmed by provider.	The Interchange, Old Colwyn

## In the Pipeline......

- Elklan for Practitioners (April)
- How to Write and Support Individual Behaviour Plans and Individual Reactive Strategies (June)
- Boardmaker for Parents and Carers (June)
- Augmentative Communication (July)
- Adapted Sports (May)
- Inclusive Play (July)
- Makaton for Parents (June)
- Working with Down's Syndrome (to be confirmed)
- Reducing Home Accidents in Early years: Effective interventions
- Reducing Accidents in Early Years Childcare Settings

- Mindfulness
- Alcohol and Substance Misuse / Awareness

#### Additional Information / Additional Information / Additional Information

We will endeavour to promote any training courses / facilities that are brought to our notice, which can be extended to our service providers. Currently the information below is available. If you are interested in this training, please contact the providers <u>directly</u>. Thank you.

Invitation from Probation and North Wales Police to receive free MAPPA Awareness Training. MAPPA provides statutory Multi Agency Public Protection Arrangements to help to reduce the re-offending behaviour of sexual and violent offenders in order to protect the public, including previous victims, from serious harm. The aims and objectives of the awareness training are below. The session is facilitated by Mrs Carolyn Clark [Probation MAPPA coordinator] and DC Wendy-Jenks-Gilbert [North Wales Police] and requires approx 2 ½ - 3 hrs to complete. Carolyn and Wendy and are keen to reach as wider audience as possible and are extremely flexible in terms of numbers attending and when and where the training is delivered; however a figure of between 20 and 30 delegates per session would be best. There are no specific dates set; if you are interested in attending, please contact Wendy or Carolyn directly. Wendy: 01492 804194 Carolyn: 01745 588649

### Making Information Easy to Read and Understand, Level 2 - 5 February 2013 – Llandudno

This course will help you develop your skills in making written and printed information more accessible for people with learning disabilities. You will learn how to apply your skills to more complex documents. This course will include a recap on the principles of making information easy to read and understand and then take delegates on to look at how they can develop and improve their skills.

For further information contact: Email:training@learningdisabilitywales.org.uk, or telephone 029 2068 1174.

#### **TuneUp** (Vale of Clwyd Mind Training in conjunction with Positive Choices)

TuneUp is designed as a 'refresher' course for people who have already completed ASIST. TuneUp strives to review the key concepts and skills that participants learned in ASIST, including examining attitudes to suicide, reviewing risk, making safe plans and the use of the Suicide Intervention Model. TuneUp also provides participants an opportunity to reflect on their experiences of using the ASIST model, share this with other ASIST-trained community members and reacquaint themselves with resources and networks available to them. TuneUp is a half-day course that is open to anyone who has completed the ASIST workshop. The cost of the course is £54 and includes all training, materials and refreshments.

Monday 11th February – 9am – 12pm – Eirianfa Community Centre, Denbigh Tuesday 12th March – 9am – 12pm – Wellington Rd Community Centre, Rhyl

Please note that we are able to offer subsidised places, in-house courses and group discounts. For costs, enquiries and bookings please phone or email Julie Pierce (Mon – Thurs) on:- Mobile – 07775873342, Office – 01745 814699, Email –

juliepierce93@gmail.com

**Brief Intervention for Smoking Cessation:** Stop Smoking Wales is pleased to offer a **free**, one-day brief intervention training course – a method of discussing smoking and quitting in a positive, non confrontational way to encourage smokers to think about giving up and enabling them to access specialist support when they are ready. This is suitable for all professionals who come into contact with smokers on a regular basis. The course is free.

**How to book a place:** Course dates and locations for June – September 2012 are listed below; if you would like any further information or have any queries, please contact Stop Smoking Wales on stop.smoking@wales.nhs.uk

28 January, Training Room 1, Abergele Hospital, Llanfair Road, Abergele, Conwy LL22 8DP

4 February, Seminar Room 1, The Quay Health Clinic, Fron Road, Connah's Quay, Deeside, Flintshire CH5 4PJ

21 March, Directorate Meeting Room, Bodfan Eryri Hospital, Caernarfon, Gwynedd, LL55 2YE

Please note contents of the document are subject to change.